

**MICHIGAN OFFICE OF SERVICES TO THE AGING**  
**The Chandler Plaza Building, 300 E. Michigan Avenue, 3<sup>rd</sup> Floor, P.O. Box 30676, Lansing, MI 48909-8176**  
**(517) 373-8230, Fax (517) 373-4092, TDD (517) 373-4096**  
**[www.michigan.gov/miseniors](http://www.michigan.gov/miseniors)**

The Michigan Office of Services to the Aging (OSA) is the designated State agency focusing on Michigan's older adults. This agency operates under the authority of the Older Americans Act and the Older Michiganians Act. OSA's mission is to promote independence and enhance the dignity of Michigan's older adults and their families. Michigan has 1.6 million older persons, of which 406,257 are served by programs available in every Michigan County with funding from OSA. Service priorities are determined locally through public hearings and needs assessments. The agency's primary focuses are:

- working to improve the health & nutrition of older adults;
- improving access to information and services for older adults and their caregivers;
- promoting financial independence and safeguarding the economic security of vulnerable older adults;
- protecting seniors from abuse and exploitation; and
- extending the time that elderly citizens are able to remain in their homes.

**Commission on Services to the Aging** - The 15 members who comprise the bipartisan Commission are appointed by the Governor with the advice and consent of the Senate. The Commission advises the Governor, Legislature and Office of Services to the Aging on matters relating to policies and programs for older persons in Michigan and promotes senior citizen interests with federal and state government and within communities. It also approves funds for services administered under the federal Older Americans Act and the Older Michiganians Act.

**State Advisory Council on Aging** - The 40-member Advisory Council appointed by the Commission on Services to the Aging, studies aging issues and recommends policy to the Commission.

**Area Agencies on Aging** - Area Agencies on Aging (AAAs) are regional planning and administrative agencies. OSA contracts with AAAs to plan and provide needed services to seniors in specified geographic regions of the state. AAAs contract with community agencies to deliver services. To find your area agency on aging, see reverse side of brochure, call OSA at (517) 373-8230, call the Eldercare Locator at (800) 677-1116, or log on to OSA's web site at [www.michigan.gov/miseniors](http://www.michigan.gov/miseniors).

**Community Services Programs** - the aging network provides a variety of services for older adults which may include help with locating housing, counseling, legal aid, transportation, health promotion, assistance with household chores, personal care, adult day services, and home health aides. Contact local AAA.

**Senior Community Services Nutrition Program** - This program provides hot meals and supportive services, such as nutrition education, at more than 700 locations in Michigan. This program includes home-delivered meals and in group settings. Contact your local AAA.

**National Family Caregiver Support Program** - This program provides adult day and respite services to individuals 18 years of age and older and their caregivers through Michigan. Respite-related transportation, including transportation to medical appointments, and shopping assistance is also available in some communities. Contact your local AAA.

**Senior Community Services Employment Program** - This program provides and promotes part-time opportunities in community employment for low-income persons aged 55 and older. Contact local AAA or [www.MiSeniors.net](http://www.MiSeniors.net).

**Legal Services** - Legal assistance program provides, at a minimum, advice and counsel, direct representation and legal education. Services are available to persons 60 and older, but priority is given to those who are in economic and social need. There are no income guidelines or fees charged for services, however, donations are accepted. Contact local AAA, the Elder Care Locator at 1-800-677-1116, or the Legal Hotline for Michigan Seniors toll-free at 1-800-347-5297.

**Care Management** - This program locates, mobilizes and manages a variety of home care and other services needed by a frail elder person at risk of nursing home placement.

**Medicare/Medicaid Assistance Program (MMAP)** - This program serves people age 65 and older, who are on Medicare due to disability, and their families. It provides free health benefits counseling in the areas of Medicare, managed care, Medicare+Choice options, Medigap insurance, Medicaid and long-term care insurance. Counselors can provide information on benefits, comparative information about insurance products and managed care plans and assist with claims, denials of services and other insurance related problems. For MMAP services call 1-800-803-7174.

**Long-Term Care Ombudsman** - For nursing home residents and their families to receive information, learn how to resolve problems or begin the complaint process for concerns in licensed nursing homes, homes for the aged, and adult and foster care homes. Ombudsmen are available to investigate complaints, suggest remedies and assist with resident rights, payment issues, guardianship, and nursing home placement. Call 1-866-485-9393.

**Volunteer Programs** - *The Retired and Senior Volunteer Program (RSVP)* sponsors persons age 55 and older to work in all areas of local communities - schools, hospitals, senior centers, self-help and other programs. There are no income restrictions. *The Foster Grandparent Program (FGP)* provides a one-to-one relationship with young person in need of personal attention and special help. FGPs serve 20 hours a week and must meet income guidelines. *The Senior Companion Program (SCP)* uses volunteers who work with other older adults, often in the recipient's home. SCPs must meet income guidelines and are compensated for their volunteer work. Call local area agency on aging for information.

## **MICHIGAN AREA AGENCIES ON AGING**

**1-A Detroit Area Agency on Aging** - (313) 446-4444, *Detroit, Grosse Pointe (GP), GP Farms, GP Park, GP Shores, GP Woods, Hamtramck, Harper Woods, Highland Park.*

**1-B Area Agency on Aging** - (248) 357-2255 or 1-800-852-7795, *Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw Counties.*

**1-C The Senior Alliance, Inc.** - (734) 722-2830 or 1-800-815-1112 (in SE Mich only), *all of Wayne County excluding areas served by Region 1-A.*

**Region 2 Area Agency on Aging** - (517) 592-1974 or 1-800-335-7881, *Hillsdale, Jackson, Lenawee Counties.*

**Region 3-A Area Agency on Aging** - (269) 373-5147 or (269) 373-5173, *Kalamazoo County.*

**Region 3-B Area Agency on Aging** - (269) 966-2450 or 1-800-626-6719, *Barry and Calhoun Counties.*

**Region 3-C Branch-St. Joseph Area Agency on Aging** - (517) 278-2538 or 1-888-615-8009, *Branch and St. Joseph Counties.*

**Region IV Area Agency on Aging** - (269) 983-0177 or 1-800-442-2803, or Senior Line Information, 1-800-654-2810, *Berrien, Cass and Van Buren Counties.*

**Valley Area Agency on Aging** - (810) 239-7671 or 1-800-978-6275, *Genesee, Lapeer, Shiawassee Counties.*

**Tri-County Office on Aging** - (517) 887-1440 or 1-800-405-9141, *Clinton, Eaton and Ingham Counties.*

**Region VII Area Agency on Aging** - (989) 893-4506 or 1-800-858-1637, *Bay, Clare, Gladwin, Gratiot, Huron, Isabella, Midland, Saginaw, Sanilac, Tuscola Counties.*

**Area Agency on Aging of Western Michigan, Inc.** - (616) 456-5664 or 1-888-456-5664, *Allegan, Ionia, Kent, Lake, Mason, Mecosta, Montcalm, Newaygo, Osceola Counties.*

**Region IX Area Agency on Aging, Northeast Michigan Community Service Agency, Inc.** - (989) 356-3474, *Alcona, Alpena, Arenac, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon Counties.*

**Area Agency on Aging of Northwest Michigan, Inc.** - (231) 947-8920 or 1-800-442-1713, *Antrim Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford Counties.*

**UP Area Agency on Aging, UPCAP Services, Inc.** - (906) 786-4701 or 1-800-338-7227, *Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft Counties.*

**Senior Resources** - (231) 739-5858 or 1-800-442-0054, *Muskegon, Oceana, Ottawa Counties.*